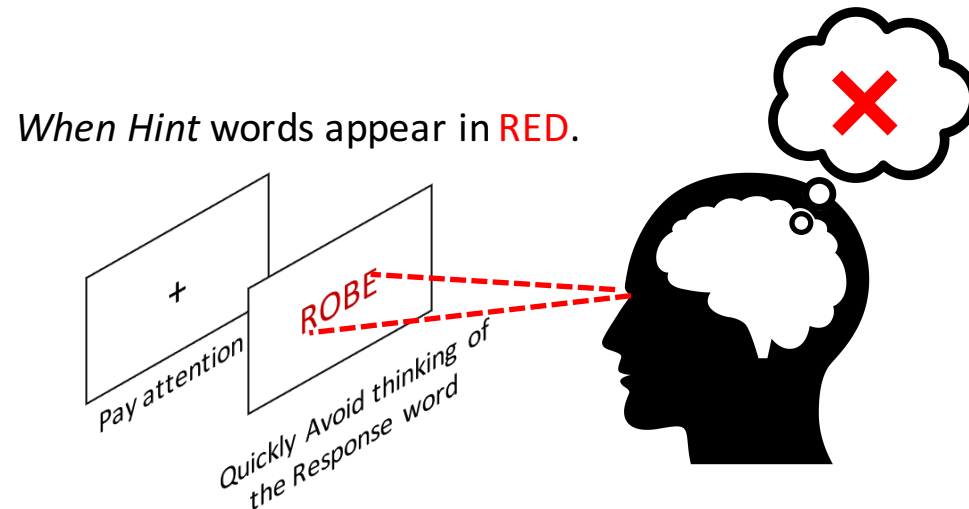


BUT, if the **Hint word** instead appears in **RED**, you must try to **quickly avoid thinking** of the associated response word. **Stop the Response word from coming to mind at all.**



Pay full attention to the **RED *Hint*** word and look at it until it disappears from the screen. **Do not think of anything else** while you are trying to block the Response word. **If the response word accidentally starts to come to mind, try to push it out.**